



Multivitamin Chewy Bite (5 Flavors)

Bariatric Advantage Multi Chewy Bite is a delicious high potency multi specifically designed to help meet the nutritional needs of bariatric patients in a convenient chew format.

- **Delivers at least 200% DV of 16 key nutrients including vitamins B₁, B₁₂, and D₃**
- **Gluten-free**
- **Individually-wrapped**

Available in Dark Cherry, Strawberry Watermelon, Tropical Orange, and Black Grape flavors plus Assorted Fruit (approximately equal number of each flavor; coming in November).

Compare our multivitamins

Form: Array

Flavor:

Size:

Bariatric Advantage **Multi Chewy Bites** is a delicious high potency multi specifically designed to help meet the nutritional demands of bariatric patients, delivering at least 200% DV of 16 key nutrients including vitamins B₁, B₁₂, and D₃—all in a delicious soft chew. Available in Dark Cherry and Strawberry Watermelon flavors.

- Delivers at least 200% DV of 16 key nutrients including vitamins D (3,000 IU) along with full complex of all B vitamins including B₁ (3 mg) and B₁₂ (1000 mcg), and folic acid (800 mcg)
- Delivers at 100% DV of vitamin A and zinc
- Preferred multi softchew is taste tested with bariatric patients¹
- Utilizes only water-miscible form of vitamin D to support better nutrient absorption. Some bariatric surgery patients lack the necessary fat intake or do not completely absorb dietary fat that is necessary to adequately absorb ordinary supplement form of this fat-soluble vitamin.
- Utilizes only vitamin D₃, which is more bioactive and more effective than the D₂ form. Vitamin D is critical for calcium absorption.
- Utilizes only natural source vitamin E
- Provides essential trace mineral support delivering at least 200% DV of iodine, manganese, chromium, and molybdenum

ASMBS and Bariatric Clinical Guidelines

- Gastric Bypass (RYGB/RNY), Sleeve Gastrectomy (VSG/SG), and Duodenal Switch (DS) patients are recommended to take a high

potency multi-vitamin providing 200% daily value of 2/3 of key nutrients^{2,3} essential for bariatric surgery patients and which include vitamins B₁ (thiamine) and K, biotin, folic acid, selenium, iron, zinc, and copper

- Quality absorbable form of nutrients should be used after bariatric surgery due to the absorption challenges of bariatric patients
- Gastric Bypass (RYGB/RNY) and Sleeve Gastrectomy (VSG/SG) patients are recommended to take dietary supplements as chewable or liquid in the first 1-3 months after surgery. Gastric Band (AGB) patients should always use chewable or liquid dietary supplements.

1. Bariatric Advantage Taste panel with Bariatric Patients. June 2016.

2. [Aills, L, et al. ASMBS Allied Health Nutritional Guidelines for the Surgical Weight Loss Patient. Surgery for Obesity and Related Diseases, Volume 4, Issue 5, S73-S108.](#)

3. [Mechanick, JJ, et al. Clinical Practice Guidelines for the Perioperative Nutritional, Metabolic, and Nonsurgical Support of the Bariatric Surgery Patient—2013 Update: Cosponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery.](#)