



Chewable Iron 18 with Vitamin C, Strawberry

Bariatric Advantage Chewable Iron 18 mg features Ferronyl[®] carbonyl iron, along with added vitamin C to support iron absorption. Available in delicious strawberry flavor. No iron taste.

Form: Chewable Tablets

Flavor:

Size:

Research suggests that patients who have undergone Biliopancreatic Diversion (BP-D) or Biliopancreatic Diversion/Duodenal Switch (BPD-DS) procedures face higher risks for deficiency of fat-soluble vitamins A, D, E, and K.1

ASMBS guidelines suggest a high-potency multivitamin for patients that have undergone Gastric Bypass (RYGB/RNY), Sleeve Gastrectomy (VSG/SG), and Duodenal Switch (DS) procedures. 2 Nutrient forms should be targeted to address the absorption challenges faced by bariatric patients.

Bariatric Advantage **Chewable High ADEK Multi** is specifically designed to help meet the nutritional needs of patients who have undergone malabsorptive procedures by delivering high levels of vitamins A, D, E, and K in bioavailable nutrient forms.

Each tablet contains:

- 2,250 mcg vitamin A
- 62.5 mcg (2,500 IU) vitamin D₃
- 22.5mg vitamin E
- 200 mcg vitamin K
- Chewable nutritional supplements are recommended for initial months following bariatric procedures
- Provides a full complex of B vitamins with at least 200% DV including vitamin B1 (6 mg), vitamin B12 (500 mcg), and folic acid (160 mg)
- Includes 1.5 mg of copper as copper citrate for enhanced absorption and may be preferred for bariatric surgery patients
- Utilizes a water-miscible form of vitamin D3 to support better nutrient absorption. Some bariatric surgery patients lack the necessary fat intake or do not completely absorb dietary fat that is necessary to adequately absorb ordinary supplement forms of this fat-soluble vitamin
- Utilizes only vitamin D3, which is more bioactive and more effective than the D2 form
- Utilizes only natural source vitamin E

References

1. [Mechanick, Jeffrey I. et al. "Clinical Practice Guidelines for the Perioperative Nutritional, Metabolic, and Nonsurgical Support of the Bariatric Surgery Patient—2013 Update: Co-sponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery.](#)
2. [Aills, L. ASMBS Allied Health Nutritional Guidelines for the Surgical Weight Loss Patient, Surgery for Obesity and Related Diseases 4 \(2008\) S73-S108.](#)

